



Prospectus 2025

Learning that Grows and Connects

**Applied Ecopsychology
& Nature Based Practice**



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Introduction

Hello and welcome to Natural Academy prospectus 2024-2025.

For 16 years we have been offering accredited training to individuals and organisations in applied ecopsychology and nature-based practice. As a not-for-profit, eco social enterprise, we have trained, educated and supported the nature and health, eco therapy and eco depth movement . As part of this new movement in psychology, the 5th wave, we have helped find ways to train individuals and organisations in modern, adaptable, reciprocal solutions to our current ecological, climate, health and wellbeing crises.

There is only “One Health”, people and nature together

We seek to create competent and confident professionals in nature-based approaches to health, healing and deeper purpose who can participate in a community of practice that is growing across the world.

To facilitate this we have created a career and vocational pathway for individuals who want to explore how they can start or deepen their calling to work in one or more of the three areas of Nature, Health and Wellbeing, Eco Therapy and Eco Depth Practice.

Our students have taken the learning from our courses and successfully set up their own practices across the country or created careers in organisations that are moving to more nature-based approaches to working with people. You can hear some of their stories in this document.

We have also created NatureWell as a way of training and supporting organisations and teams to develop professional nature-based services. These are often in urban environments, near hospitals and in community gardens which work with many different people across the UK.

We look forward to meeting you soon.

Best wishes

Rhonda Brandrick and Michéal Connors





Location and Facilities

Ham Green, which means Green Home

Ham Green is our nature-based learning and wellness hub. It is situated within easy reach of Bristol and is just off the M5. It is a large, purpose-built holistic health and education centre created for learning, health, healing and growth. Within the building we have beautiful classrooms and therapeutic rooms that open to the 4-acre Wellbeing Garden.

Across the lane we have our Natural Academy outdoor centre, Skyview, with space to roam, be in wilder nature, gather by the fire, share and learn in a beautiful round house. Between the building and Skyview is the Lakeside, a 5-acre wilder space with a lake and an abundance of biodiversity. It is from Ham Green that many of our courses are offered, and it is also a place where our Community of Practice can gather for ongoing CPD and to share and connect. However, we do reach out into the UK and Europe and you can find some of our courses in other locations



Skyview Round House

Across the UK

There are many practitioners working in different areas of the UK and internationally who have completed our 2-year Advanced Pathway and other Natural Academy trainings.

As a community of practice, we have grouped ourselves into different regional hubs which come together at meetings and more informal gatherings. There are currently hubs in North England, South East England, South West England and Wales, and there are also Natural Academy practitioners in Italy and Spain.



Our Approach to Learning and Development

Natural Academy offer spaces of learning that are based upon our unique Outdoor, Participative, and Experiential Learning approach.

To us, learning is about change; changing what we know, what we can do, how we feel, how we relate and changing who we are. We understand that learning is a very personal experience, driven by effective engagement with the learning environment (books, the internet, videos, educators, classroom environment, the natural world, other learners etc) and ongoing self-reflection on how this engagement impacts you as a learner. From this experience, reflection and engagement, new abilities, knowledge and skills develop and are refined. We believe that as a practitioner this is the only way to learn, a learning environment that is experiential and holistic enough to ensure good practice in relationship to participants and to encourage the necessary relational safety of ongoing reflective practice and learning.

This holistic nature of our approach to learning means we see it as a unique individual and personal process, driven by growing self-awareness and self-reflection. This requires engagement with other learners on the course and the teachers as well as reflection on the material of the course (models, theories, ideas, skills). With their grounding in ecopsychology, our courses also require reflection on learning from engagement with the natural world around us. This approach can be new to some and may challenge our main traditional learning which is primarily didactic and intellectual.

- We focus on your Natural Self potential and seek as tutors to actualise aspects of this as your vocation in life.
- Tutor guidance will have an emphasis on developing your skills, experience, knowledge and learning and connect this to your experience on the course and with nature.
- We will generate an ecological culture where there is a shared sense of purpose and enquiry between tutor, students and nature.
- You are encouraged to hold questions, expand your learning through other windows of knowing beyond the intellectual such as felt sense, imagination and enquire through exploration with tutors, peers and the natural world.
- You will apply holistic methods of exploration, reflection and learning which facilitates engagement of the whole person in nature.



THE THREE REALMS

ECOPSYCHOLOGY & NATURE BASED PRACTICE

Nature, Health
& Wellbeing/Green
Care

Ecotherapy

Eco Depth Practice

The Three Realms of practice are the ways that we at Natural Academy focus into the vast, deep study and practice of Ecopsychology. They are like lenses for delivering and designing practice which assist students and practitioners with focussing on specific outcomes for the realm. They prevent us from straying into areas that are beyond our limits or the intention of the practice. All three realms are always there in any nature-based practice, but the practitioner can focus clearly into one and stay on track in supporting participants who are looking for experiences either around health and wellbeing, therapeutic process or a deeper meaning and purpose.

Nature, Health and Wellbeing

You will learn about adopting a positive psychological approach to working with people in nature in order to enhance their health & wellbeing. We will explore resourcing and supporting participants to develop their sense of self, their learning, skills, knowledge and personal potential. This can be through a range of nature-based health and wellbeing interventions, activities and approaches. Some activities that may have wellbeing outcomes include outdoor facilitation of nature-based learning, craft/skill development, occupational therapy, health coaching, outdoor activities, bush craft, land management, conservation, wood buildings, food growing, walking etc. Green Care is supportive nature-based interventions for people with specific health and social care needs.

Wholeness, Healing and Growth/Ecotherapy

This realm of practice explores working with people in nature, applying nature based activities and interventions to help them cultivate wholeness, explore their personal healing and growth journey and how they can find the resources they need to be more fulfilled in themselves, with others and in their life in general. Facilitators may have the experience as stated in Nature, Health and Wellbeing above as well as further enhanced skills and training in; therapeutic techniques, mental health, ecopsychology and other psychological methods, eco-therapeutic interventions, trauma, healing and human development. This introduction training explores these areas and shows you the skills and experience needed to work within this realm of practice.

Deeper Nature/Spiritual Ecology

Working with people to bring them into contact with nature as a mirror of the trans-personal and more than human world. Nature mirrors this to us continuously and this can offer deep insight through, creative processes, imagination, non-ordinary states of consciousness, movement, vision quest, meditation etc. Finding a deeper and wider relationship to nature, Spirit and Soul to guide life journey and deepest meaning and purpose. Facilitators in this realm will have a developing knowledge as above plus further training in areas such as; nature-based spiritual practices, contemplative and meditative practices, holistic body work, depth ecopsychology and wilderness quest guiding. Our longer one-year and two-year trainings provide you with the skills, knowledge and experiences to facilitate this realm of practice.

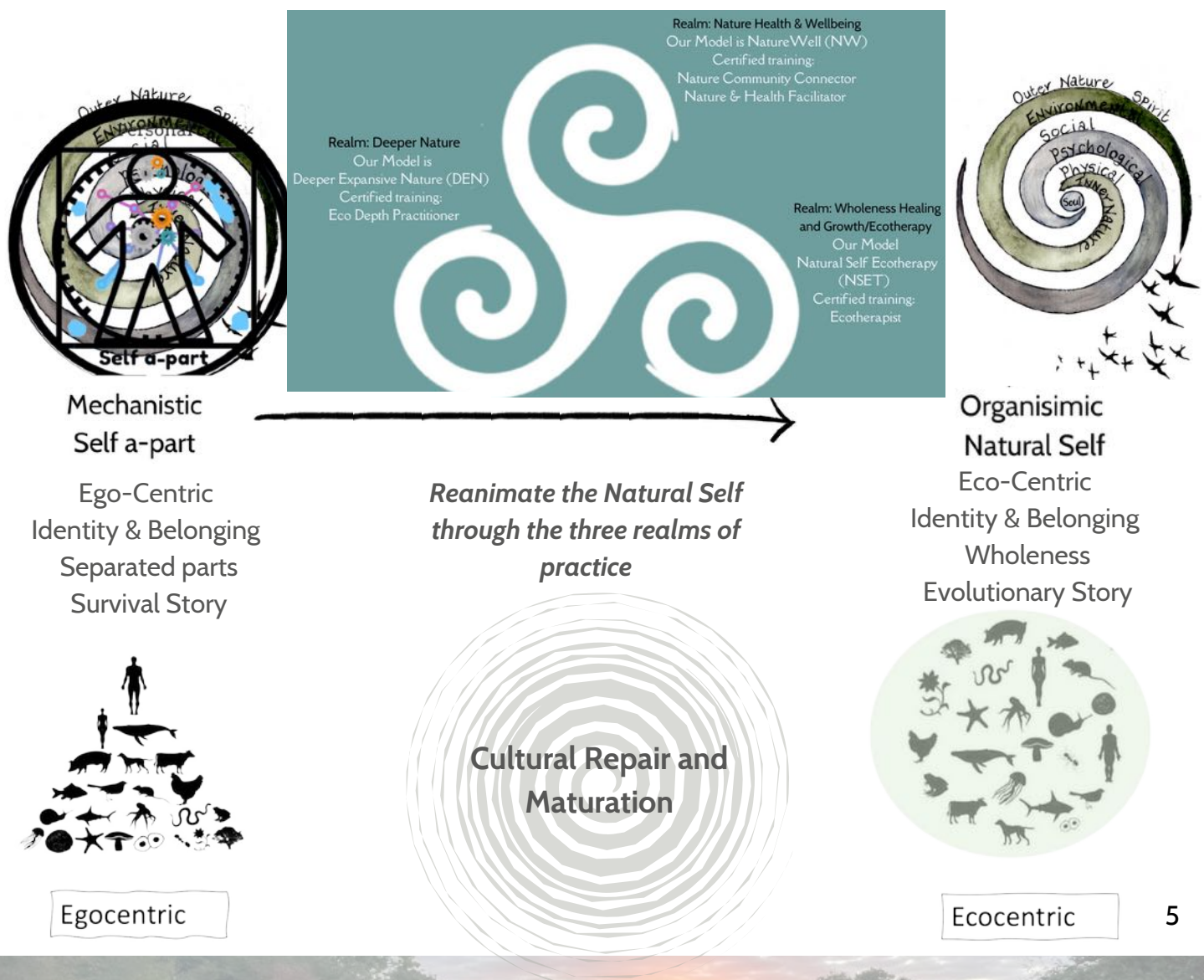
Natural Academy Applied Ecopsychology

We are creating ways to enable and encourage a world made more whole and sustainable through a deepening connection and regenerative participation of all people with themselves, each other and the rest of Nature.

We are supporting our students through our courses to be confident, competent and capable within the three realms of practice and so help all people return and deepen their connectedness to their true nature as the Natural Self and reanimate what it means to be fully and wholly human.

We acknowledge that this requires a return to One Health, a continuing journey of healing, a cultivation of our innate wholeness and an awakening of our deepest evolutionary purpose.

The philosophies and beliefs that have led to our separation from our own innate whole self, each other and the rest of nature have created a human being living in a false Self A-Part. These beliefs that moved us from an understanding of our selves as nature, participating in an animate world have led us to living as a part of a machine-like universe/world, adapting to extensive trauma, living as a Self A-Part rather than the intra-connected truth of our Natural Self. Our Models of practice across the three realms are our response to this, helping to meet people where they are in their journey of reconnection, recovery and growth.





NATURAL ACADEMY

ACCREDITED ECOPSYCHOLOGY PRACTITIONER



NATURE AND HEALTH FACILITATOR



NATURAL SELF ECOTHERAPIST



Deeper Expansive Nature
ECO DEPTH PRACTITIONER

ALL OUR MODELS OF PRACTICE ARE TRAUMA INTEGRATED

Nature, Health and Wellbeing.
Our Model of Practice is
NatureWell. The career/roles are
Nature and Health Facilitator &
Community Connector.

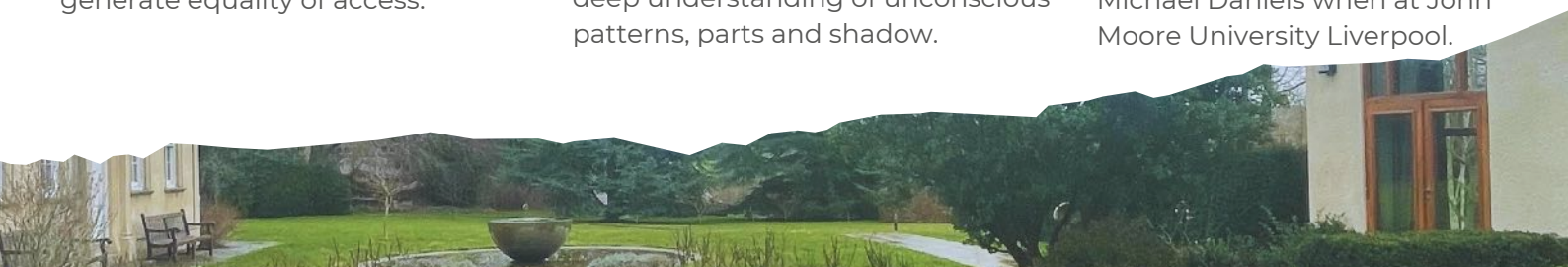
In this realm of practice, we help you to develop your work as a Nature and Health Facilitator. Our applied model for this is NatureWell which we have been developing over the past 12 years, both within our ecopsychology trainings and through partnership work with external providers. These external providers include the NHS, environmental organisations, and health charities. It is rooted in the emerging science of Nature Connectedness and how we can create reciprocal support for people and nature. It has been designed within a trauma integrated framework, which means we focus on resourcing, regulating and strength-based interventions and facilitators are trained to focus on these. This supports participants to grow resilience, resourcefulness and apply simple but effective nature connectedness for health practices within their everyday lives. We seek to meet everyone, wherever they are and wherever they are to generate equality of access.

Eco Therapy: Wholeness, Healing and Growth. Our model of practice is Natural Self Eco Therapy NSET. The career/role is Eco Therapist.

In this realm of practice, we help you develop your work as an Eco Therapist. Our applied integrated model for this is NSET. This has its roots in psychotherapy and ecopsychology. These roots include Person Centred psychotherapy, Wild Mind map, Internal Family Systems, Natural Self ecopsychology, Trauma science and Polyvagal theory. When you work as an Eco Therapist applying NSET, you work with nature-based activities and therapeutic interventions, within a safe relational containment, to help participants cultivate wholeness, explore their personal healing and their growth journey. This is held whilst facilitating an ongoing and ever deepening experience of 'Healing Dwelling Place' the roots of the meaning of eco therapy. The approach is not just about 'doing psychotherapy outdoors', rather it is an integrated model of practice that fully appreciates that our healing is a psycho-social-ecological process. Within the model you will develop a deep understanding of unconscious patterns, parts and shadow.

Eco Depth Practice. Our Model of Practice is Deeper Expansive Nature. The career/role is Eco Depth Practitioner

In this realm of practice, we help you develop your work as an Eco Depth Practitioner. Our applied integrated model for this is EDP. This has its roots in transpersonal psychotherapy, SoulCraft ©, New Universe Story, wilderness experiences, holistic science and pan cultural eco-depth practices. When you work as an Eco Depth Practitioner you may offer a broad range of interventions that help your participants access depths and expanses of the Natural Self, initiating and inhabiting our unique participation in the story of Self, Human, Earth, and Universe. You may help participants cultivate relatedness to the depths and mystery of their unique psycho-ecological niche and how this is in a wild interrelationship to the Earth and Universal Nature. We work with the 3 ways to shifts of consciousness that Natural Academy have developed, leaning into the work of Dr Michael Daniels when at John Moore University Liverpool.



Vocational Pathway



For Individuals who are finding their path in working with people in nature

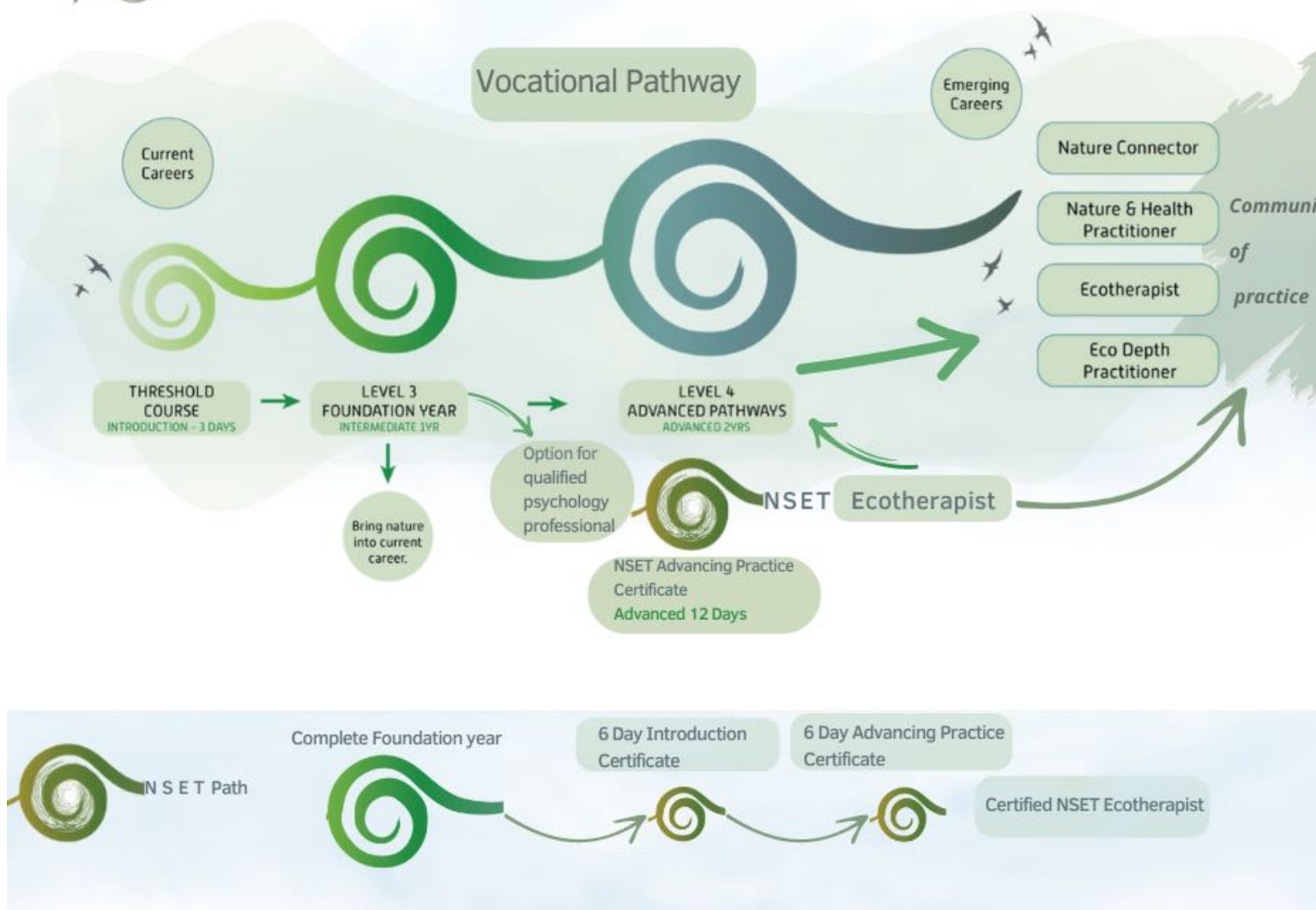
Threshold to Ecopsychology and Nature-Based Practice

Foundations in Ecopsychology and Nature-Based Practice

Advanced Pathway in Ecopsychology and Nature-Based Practice

Natural Self Eco Therapy Training





The vocational pathway above has been designed to allow our Ecopsychology students to follow their unique individual calling to work with people and nature (inner and outer). At each stage on the pathway, we deepen into the realms of practice, growing confidence and competence to bring nature into current or future career. With the Threshold you can sense into how you want to step forward into practice. With the foundation year you are given the skills, knowledge, and experience to integrate nature-based approaches into your current career, experience, and knowledge. With completion of the Advanced Pathway, you will be accredited to work in the three realms of practice and be certified with models, methods, and approaches that you can apply and develop in your practice. Within all of this you are held in our community of practice of over 500 students who have completed courses with us and we have online and in person meetings, spaces and resources to support your practice and your own growth and continuous development.

You will see that there is also a Natural Self Eco Therapy (NSET) Path:

This is for those people who are already recognised as a qualified psychological professional, The Natural Self Eco Therapy path allows you to become a certified practitioner in NSET. This will give you the skills, knowledge and experience to work with the healing of people in nature as an ecotherapist. Details are on page 13-18.

Threshold to Ecopsychology and Nature-Based Practice

This course is designed for people who want to begin or enhance their work with people in nature and are interested in applied ecopsychology. You may be, amongst other things, a counsellor, wellbeing practitioner, therapist, teacher, activist, social worker, childcare worker, stepping into a new career, or personally wanting to develop your nature practice. You will be very curious about our human-nature reciprocal relationship and so be interested in how this co-creates our Health and Wellbeing; Healing, Learning and Growth; Deepest Meaning and Purpose.

Course Content: The Threshold will introduce you to the three realms of practice and you will learn skills, theories and practices that are applicable immediately. You will also have time in nature for your personal health, wellbeing, and development. The courses cover each of the three realms of practice: Day 1 - Nature, Health and Wellbeing; Day 2 - Eco Therapy/Wholeness, Healing and Growth; Day 3 - Deeper Nature/Spiritual Ecology.

Course Duration: The course runs over three days from 9.30am to 4.30pm each day. We tend to do this concurrently to allow for a deeper experience.

Where you'll meet: Courses are held at Ham Green, North Somerset (near Bristol) BS20 OHH, Brighton and Devon (near Totnes).

Accreditation: You will receive a certificate of attendance from Natural Academy.

Entry Requirements: Entry is open to anyone. No formal qualifications are required, just an open mind and an interest in Ecopsychology

Fee: £270.00 for Bristol and Devon, £240.00 for Brighton. Fee is inclusive of all resources and tutoring. Camping is included in Bristol and Devon but not for Brighton, where you will need to make your own accommodation arrangements if required. The course isn't residential, so you can commute if you prefer. No food or camping equipment is included. **Please note prices are set from January 2025 previous prices are on the website.**

Application Process: Please contact us at info@naturalacademy.org or download an application form from our website www.naturalacademy.org.

Foundations in Ecopsychology and Nature-Based Practice

This nationally accredited level 3 course is designed for people who want to develop their work with others in nature. It offers a deep understanding of Ecopsychology and helps to develop the skills and experience necessary to work with people within your main realm of practice. This course provides the foundations needed to be confident and competent, whether you are wanting to enhance your work, or begin a career within the realms of Nature, Health and Wellbeing, Eco Therapy/Wholeness, Healing and Growth/Deeper Nature and Spiritual Ecology. This course provides good knowledge and application of the theory, skills, professional practice and personal development necessary, helping you to become a strong, effective and resilient nature-based facilitator.

You will be supported by your own tutor who will guide you through the course content, assessment and experience.

It includes 6 weekends and a 5 day residential immersion. Camping is included in the fees.

Course Duration: One year starting October - July or March - October. An initial 3-day weekend (Friday evening to Sunday); 5 further 2-day weekends; and a 5-day residential in a wilder setting.

Where you'll meet: Weekends are held at Ham Green, North Somerset (close to Bristol), BS20 OHH. The residential will be held in a wilder space in either Cornwall, Devon or Wales.

Accreditation: This is a Level 3 course equivalent to an 'A' or 'AS' Level. accredited by OCN London, a national awarding body founded on the values of life long learning and access for all.

Entry Requirements: Completion of Threshold course, or Natural Academy's online Ecopsychology course, or equivalent relevant qualifications/experience. Students' backgrounds include horticultural therapy, green care, conservation, psychiatry, environmental activism, regenerative practice, counselling, mental health, healthcare, forest school, outdoor education, psychotherapy, spiritual ecology, community gardening, as well as those taking their first steps into working with others.

Fee: £1750.00. Fee includes all tutoring, resources and registration with our accrediting body. The fee also includes camping, but not food or camping equipment. A deposit of £380 is required to secure your place. The balance can be paid in instalments by agreement. **Please note prices are set from January 2025 previous prices are on the website.**

Application Process: Anyone with relevant experience and/or related qualifications is welcome to apply, but will need to be prepared for an interview if not a previous student with Natural Academy. We have some financial assistance available for those in need - please contact us for further information at info@naturalacademy.org or download an application form from our website www.naturalacademy.org

Advanced Pathway in Ecopsychology and Nature-Based Practice

Our two-year nationally accredited Advanced Pathway is our full professional practice course and is equivalent to other Level 4 professional qualifications in psychology. On completion of the course you will be certified in our models of practice in Nature and Health, Eco Therapy and Eco Depth Practice. Throughout you will develop the knowledge, skills, self-development, and experience needed to apply your learning across the three realms of Nature: Health and Wellbeing & Green Care, Natural Wholeness, Healing and Growth/Eco Therapy, Deeper Nature & Spiritual Ecology. The Advanced Pathway in Ecopsychology and Nature-Based Practice is a 2-year, Level 4 accredited, nature-based course.

OCN London who accredit the course are a National awarding body founded on the values of life long learning and access for all. The level is equivalent to first year Degree level. The course is strongly vocational as we are seeking to help students further discover, explore and initiate their vocation (calling) in ecopsychology and find their way to develop their practice in light of this. We apply a nature-based and student-centred approach to our teaching and learning. This is within the integration of experiential learning, ecopsychological participative outdoor learning and (natural) self-actualisation.

Each student has a course tutor. The course is in outdoor settings/classrooms, it follows the natural cycles across the year and also the intensives are focussed into the four cardinal directions. The three realms will be explored in various ways throughout the course and vocational studies will be included through a number of focussed

practices and deeper immersions in wilder spaces. There is also ongoing mentoring and support with a tutor and support groups and discussions and exercises that build a course community of practice. Through these nature-based teaching, facilitation, participation and learning we co-generate a community that incorporates diversity and inclusivity both in the human sphere and within the ecological collective and Earth community. We will have immersions sessions in wilder spaces in the four directions and a 10 day vision quest as part of these intensive times. This allows the student to deepen into their calling/vocation and be given the opportunity and time to access their deepest purpose and meaning.

The development and pathway of the students as an ecopsychological practitioner will be informed and infused by this vocation and will therefore be a unique and novel integrated model that the student is supported to develop.



Advanced Pathway in Ecopsychology and Nature-Based Practice

Course Duration: Spring course: 2 years starting March 2025 and finishing January 2027. Autumn course: Oct 2025 Finishing July 2027: There will be three 5-day nature intensives in wilder spaces in the East, South and North, and a 10-day quest intensive in a wilder place in the West. There are also eight regular 3-day weekend gatherings at Ham Green near Bristol.

Where you'll meet: Weekends are held at our home space at Ham Green, North Somerset (close to Bristol), BS20 OHH. The nature intensives will be held in South Devon, East Sussex and Scotland and the 10 day quest intensive will be held in a wilder space in Pembrokeshire.

Accreditation: This is a Level 4 course equivalent to first year degree level. accredited by OCN London, a national awarding body founded on the values of life-long learning and access for all.

Entry Requirements: Completion of Foundation Year or Threshold course with Natural Academy. Other Relevant experience or qualifications can be considered as part of accreditation of prior learning.

Fee: £4900.00 fee includes all tutoring, resources and registration with accreditor, OCN. The fee also includes camping, but not food or camping equipment. A deposit of £490.00 is required to secure a place on the course. The balance can be paid in instalments by agreement.

Application Process: Anyone with relevant experience and/or related qualifications equivalent to the Foundation Course above is welcome to apply, but will need to be prepared for an interview if not a previous student with Natural Academy. We will also ask you complete a Threshold course, or online course, to introduce yourself to our teaching methodology and our models of practice. We can provide some limited financial support - please contact us for further information. Please contact us at info@naturalacademy.org

Student words:

I undertook the Foundation and Advanced Pathway training after retiring from my substantive post as a clinical psychologist.

Training with Natural Academy has enabled me to blend my training and experience in clinical psychology and psychological therapy with my interest in ecology. It has helped me to explore the fascinating relationship between human psychology, including our inner nature, and the natural world. In addition I am starting to offer supervision to practitioners working in the areas of nature connection and eco therapy.



Natural Self Eco Therapy (NSET)

A path for qualified psychological practitioners



NSET is Natural Academy's model of practice for Eco Therapy and is rooted in theory, practice and emerging research. The main path to be a fully accredited NSET practitioner is through the Advanced Pathway, where you are also accredited as a NatureWell facilitator and Eco Depth Practitioner.

A need for a stand alone qualification in eco therapy was raised from some Level 4 or higher qualified psychology professionals, who have completed the Foundation Year. This has led us to create this NSET pathway. We see this as a useful side pathway for psychology trained professionals who may not be able, or want, to complete the 2 year Advanced Pathway or may want to continue their learning and come back to it at a later date.

So if you already hold a recognised full psychology qualification (e.g. counsellor, psychiatrist, psychologist, psychotherapist Minimum Level 4 Diploma) and you have completed the Foundation Year, you can now do a 6 Day (two 3-day weekends) Introduction Certificate in NSET and then continue to the 6 Day (two 3-day weekends) Advancing Practice Certificate (which is also open to Advanced Pathway Graduates. This will then accredit you as a NSET practitioner.

This is a Natural Academy advanced training.



Natural Self Eco Therapy (NSET) Eco Therapist Accreditation

Course Content: NSET is Natural Academy's model of practice for Eco Therapy and is rooted in theory, practice and growing research. After the Foundation year, which is a requirement, you can choose these two courses to complete certification as a Natural Self Eco therapist. You will receive the knowledge, skills, confidence and experience to begin to bring NSET into your current therapeutic practice and create, or enhance, your current eco therapy practice.

Course Duration: Introduction Certificate - NSET - 6 days over two 3 day weekends; Advancing Practice Certificate - NSET (full award) - 6 days over two 3 day weekends.

Where you'll meet: The training will be held at our home at Ham Green, North Somerset (close to Bristol), BS20 0HH.

Entry Requirements: To become an accredited NSET Eco Therapist you must complete the Foundation Year and both the NSET Introduction Certificate and Advancing Practice Certificate. This pathway to certification is only open to those who have a recognised level 4 or above psychological qualification

Introduction Certificate - for qualified psychological professionals who have completed the Foundation Year with Natural Academy.

Advancing Practice Certificate - For those who have completed the Introduction Certificate and for students who have completed the Advanced Pathway with Natural Academy.

Fee: Introduction Certificate - £675.00; Advancing Practice Certificate - £675.00.

Application Process: Please contact us at info@naturalacademy.org or download an application form from our website www.naturalacademy.org. We may need to discuss your application in person, but will contact you if this is the case.

Natural Self Eco Therapy (NSET)

6-Day Introduction Certificate 6-Day Advancing Practice
Certificate (full award)

To Become an Accredited NSET Eco Therapist, outside of the
Advanced Pathway you must complete the Foundation Year and
complete both steps below

Step 1: The Introduction Certificate (Autumn)

This is a 6-day training, over two 3-day weekends, You will be introduced to the NSET holistic and integrative model of practice that has emerged over the past 15 years of practice. You will receive the knowledge, skills and experience to begin to bring NSET into your current therapeutic practice.

This is a stand alone course and is also the first step of our Natural Self Eco Therapy (NSET) Continuous Professional Training. You will learn how NSET integrates the Natural Self approach the three phases, and a range of established psychological theories and models including the Wild Mind map of the psyche. There is also an introduction to the Nature of Trauma and the Nature of Shadow. You will learn how to apply skills and practices that emerge from NSET and ensure you track and support the healing, wholing and growth of your participants. You will learn how you can work within, and alongside, nature to support the healing, growth and development of participants and create a safe, healing space for nature-based therapeutic interventions. NB: You will not be accredited as a NSET Eco Therapist until you complete the Advancing Practice Cert below.

Step 2: The Advancing Practice Certificate (Spring 2025) (Open to Advanced Pathway Graduates)

This is a 6-day training, over two 3-day weekends, this will advance your knowledge, skills and experience of working with the NSET holistic and integrative model of practice. You will go deeper into a number of related areas such as, Locus of Wholeness, Natural Self Actualisation, The PSE field, The Nature of Trauma, the Nature of Shadow and the deeper integration of the Wild Mind Map of the Psyche developed by Bill Plotkin and Animas Valley institute.

By completing this course you will deepen your work with NSET, understand how the theories integrate more fully and apply the given phases, interventions and skills in your developing ecotherapy practice



Natural Self Eco Therapy training 2024/25

All the courses will be held at our centre in Ham Green near Bristol with access to indoor spaces and wilder outdoor space.

Introduction Certificate Natural Self Eco Therapy 2025

For qualified psychological professionals who have completed the Foundation Year at Natural Academy

3-Day Weekend 1
10th-12th October

3-Day Weekend 2
7th-9th November

Complete Introduction Certificate carry on to Advancing Practice Cert

Advancing Practice Certificate Natural Self Eco Therapy 2025

For those who have completed the Introduction Certificate and for those who have completed the Advanced Pathway and want to advance their practice.

3-Day Weekend 1
4th-6th April

3-Day Weekend 2
6th-8th June

The Introduction course is £675 The Advancing Practice Course is £675 Basic Refreshments included. Please provide own food. It will be held near Bristol in Pill, BS20 0HH Tent camping is included in price and other accommodation is available locally



For organisations, small and large, who are wanting to develop
Nature-Based Interventions



NatureWell: Community Connector

Nationally accredited Training for people working in nature-focused, community engagement programmes that promote nature-based health and wellbeing.

Realising the value of local communities and natural spaces and following an asset based view point NatureWell: community connector training will help your team develop the skills, experience and knowledge to connect communities together within green spaces. This will be by working with nature connectedness for health and wellbeing. The NatureWell approach follows the science and extensive evidence base, for nature connectedness for health, that shows how health of people and nature improves. In this training you will learn how to support people to connect to natural spaces to develop healthy communities that care for natural spaces. Use this to frame community engagement to explore the needs of the local community. Visit our website for further information or you can download the brochure NatureWell approach

Course Duration: 4 days - 2 x modules of 2 days each.

Where you'll meet: The training is held at our home at Ham Green, North Somerset (close to Bristol), BS20 OHH.

Accreditation: This is a level 2 course accredited by OCN London, a national awarding body founded on the values of life long learning and access for all. A level 2 qualification is equivalent to a GCSE qualification.

Entry Requirements: You will already be working with people, communities and/or green/blue spaces and wanting to, or already be, supporting community development.

Fee: £420 per person inclusive of all resources, tutoring and registration with our accrediting body, OCN. There has to be a minimum of 8 and can be from one organisation or a collective of organisations.

Application Process: Please contact us at info@naturewelltraining for further information and this is only open to organisations small, medium or large.

NatureWell: Nature & Health Facilitator

A course for people working with individuals or groups with specific health and social care needs. This is sometimes called Green Care. Our NatureWell approach is based on the science of nature connectedness, health ecopsychology, resource focussed/positive psychology and nature-based practice.

Course Content: You will learn about: What Green Care is and how it fits into the nature and health sector and Green Social Prescribing. A deep exploration of the main elements of The NatureWell approach including the natural self, the 5-pathways to nature connectedness, the unique session format, and the evidence that supports the approach.

You will be given a 6-session & 3-session programme with session plans, delivery plans, resources, activities etc; all you need to get going and deliver.

The course is filled with Green Care activities and health interventions that encourage health and wellbeing outcomes as well as pro-nature behaviours and actions. We also learn the key facilitation and coaching skills needed for working with individuals and groups in natural settings. The course design is trauma informed and students will be supported to understand how to work in a more trauma informed way.

The course is designed to support you to integrate and develop nature-based programmes, events and projects within your project.

We now have a national community of practice that is growing all the time. Visit our website for further information or a brochure NatureWell approach - Natural Academy.

Course Duration: 6 days - 3 x 2 day modules .

Where you'll meet: The training is held at our home at Ham Green, North Somerset (close to Bristol), BS20 0HH.

Accreditation: This is a level 2 course accredited by OCN London, a national awarding body founded on the values of life long learning and access for all. It is on the OFQUAL register and is Nationally recognised.

Entry Requirements: You will already be working with people or groups with health and social care needs and be working within an organisation.

Fee: £620 inclusive of all resources, tutoring and registration with our accrediting body.

Application Process: Please contact us at info@naturewelltraining for further details. This course is only open to organisations, small, medium or large.



The Nature of Trauma Informed

The Nature of Trauma Sensitive

The Nature of Trauma Integrated



The Nature of Trauma Informed

Being trauma informed whilst caring for others is essential for all frontline community, health, education, and social care service providers. Being trauma informed will support anyone who works with people to find ways to meet and relate more effectively. It supports these services to meet their clients and communities in ways that encourage a sense of safety and empowerment.

Being Nature Connected is also essential for people to access the multiple proven benefits of this for health (including regulation of trauma) and wellbeing and to help individuals and organisations support and even mitigate the climate and ecological emergency we face. Our Nature of Trauma programme integrates these together.

You will explore how:

- To recognise the signs, symptoms and widespread impact of trauma.
- To acknowledge the needs of those around us and yet see beyond an individual's presenting behaviours and ask, 'What does this person need?' rather than 'What is wrong with this person?'
- Nature connection is always providing the opportunity for co-regulation, either 'out there' or 'in me'.
- To support de-escalation of trauma symptoms and avoid retraumatising the people we work with.

Course Duration: Nature of being Trauma Informed - 2 days;

Where you'll meet : The training is held at our home at Ham Green, North Somerset (close to Bristol), BS20 0HH.

Entry Requirements: Nature of being Trauma Informed is open to anyone and is aimed at all staff who work with people who have trauma symptoms. No formal qualifications are required, just an open mind and an interest in Ecopsychology and trauma recovery.

Fee: £220 -per person

The Nature of Trauma Sensitive

In these two days we enhance the science, theory and practices from the informed training and add in a 'sensitive' self-reflective process to this.

Sensitive means that we can attune to trauma processes as they arise in our felt sense and notice the impact of this on our own energetic system, creating an internal sense of spaciousness to meet and digest this.

You will:

- Realise that we are all carrying elements of trauma, that we get triggered and often 're-act' to these, rather than respond effectively.
- Explore practices in connection with the natural world to support co regulation and notice how it consistently reminds us how to deescalate trigger reactions, bringing us back to an innate experience of wholeness, grounded sensitivity, compassion and curiosity.
- Gain an understanding of this in the context of your clients and communities to empower and support them in understanding the intelligence of survival instincts, which, when they become habituated, can lead to ongoing, chronic states of unhealth.
- Learn how to make use of self and group reflective spaces to process and digest the effect that living in a traumatised world has on our system.

Course Duration: Nature of being Trauma Sensitive - 2 days;
(we recommend you also do the trauma informed course as well)

Where you'll meet : The training is held at our home at Ham Green, North Somerset (close to Bristol), BS20 OHH.

Entry Requirements: Nature of Being Trauma Sensitive: We would expect you to have some previous trauma informed knowledge and experience and be working in situations where you are working with people who have trauma symptoms.

Fee: £220 per person

The Nature of Trauma Integrated

Over these 6 days we enhance the science, theory and practices explored in the informed and sensitive courses. We take this into a deeper internal process as well as working with people and offering interventions to support their health, development and/or wellbeing.

Integrated means 'formed or united into a whole'. That is to say that it is through a deeper integration of our own trauma that we can feel and sense into trauma processes as they arise, and more rapidly integrate the impact and response in ourselves when meeting this.

As an integrated practitioner we are actively working with the healing of our own trauma and understand the range of trauma that is within the field, personal, collective, and trans generational.

You will:

- Realise that we are all carrying personal, collective and trans-generational trauma and what this is. Thus offers a context for cultural, group and individual symptoms and how people can be supported and held through their own personal expression of trauma.
- Learn practices that co-regulate and support you and your client groups in integrating and healing trauma and how to actively work with this in your practice.
- Learn deep co regulatory methods, practices and knowledge to support you and your client group to access the resources of our innate Natural-Self and informs how to hold our fragmentation and come into an integrated wholeness.
- Understand how the natural world is a necessary part of this healing, how the wholeness of the personal, social and ecological field is evoked and be introduced to an eco therapeutic framework for holding this within the Natural Self Eco Therapy model of practice.

Nature of Integrating Trauma - 2x blocks of 3 days again we recommend you complete a previous course. We would expect you to be already trauma informed through training and practice

Where you'll meet : The training is held at our home at Ham Green, North Somerset (close to Bristol), BS20 OHH.

Entry Requirements: Nature of Being Trauma Integrated: We would expect you to have some significant training in working with peoples health and wellbeing. We would also expect you to be working in situations where you are offering interventions to support people.

Fee: £680 per person



Introduction to NatureWell

Introduction to Ecopsychology



Online Courses

We have designed these courses to meet you wherever you are and to ensure that anyone can access the learning and support that Natural Academy offers. The courses will offer you knowledge, skills and experiences that will support you personally and professionally.

Introduction to Ecopsychology: By completing this online course you will begin to understand the vocational pathway we offer and how this can support your development as a nature-based practitioner.

Introduction to NatureWell: By completing this online course you will experience how your own nature connectedness can support your health and wellbeing. You will learn simple but effective tools and practices to take into your every day life and continue to find an ever deepening support in your time in nature.

Visit our website for more information: [Online Courses - Natural Academy](#)

Course Duration: There are no set timelines; complete the online courses at your own pace.

Where you'll meet: The courses are fully online.

Entry Requirements: No qualifications or entry requirements are needed for the courses.

Fee: £50 - Introduction to Ecopsychology; £25 - Introduction to NatureWell.

Accreditation: The online courses are not accredited.

Application Process: Visit the website to get started [Online Courses - Natural Academy](#).



Course Calendar

COURSE	VENUE	2025	2026	2027
Advanced Pathway (AP6)	Weekends in North Somerset Immersion in South Devon, West Wales, East Sussex and North Scotland	21-23 March 14-18 May 18-20 July 1-10 September 24-26 October 28-30 Nov	6-8 Feb 22-26 April 19-21 June 14-18 Sept 6-8 Nov	29-31 Jan
Advanced Pathway (AP7)	Weekends in North Somerset Immersion in South Devon, West Wales, East Sussex and North Scotland	3-5 October 14-16 November	23-25 January 26-30 March 1-3 May 10-19 July 11-13 September 15-19 October 4-6 December	5-7 February 5-9 May 2-4 July
Foundation Year (FY21)	North Somerset	14-16 March 19-20 April 31st May-1 June 5-6 July 6-10 August 20-21 September 18-19 October		
Foundation Year (FY22)	North Somerset	3-5 October 15-16 November	17-18 January 28 Feb-1 March 2-3 May 10-14 June 11-12 July	
Foundation Year (FY23)	North Somerset	1-2 November 6-7 December	131 Jan-1 Feb 7-8 March 9-10 May 17-21 June 18-19 July	
NatureWell: Nature & Health Facilitation (NHF031) (3 modules over 6 days)	North Somerset	5-6 March 9-10 April 7-8 May		
NatureWell: Community Connector (CC008) (2 modules over 4 days)	North Somerset	15-16 October 12-13 November		
NSET 3 Advancing Practice Certificate (N1)	North Somerset	4-6 April		
NSET 4 Advancing Practice Certificate (N1)	North Somerset	6-8 June		
NSET 1 Introduction Certificate (N2)	North Somerset	10-12 October		
NSET 2 Introduction Certificate (N2)	North Somerset	7-9 November		
Online Interactive talk	Through Ticket Tailor	11 April & 19 June		
Online Introduction to Ecopsychology	Through Eventbrite	27 May and 10 July		
Threshold (T36)	North Somerset	14-16 February		
Threshold (T37)	Devon	11-13 April		
Threshold (T38)	Brighton	9-11 May		
Threshold (T39)	Spain	6-8 June		
Threshold (T40)	Stafford	18-20 June		
Threshold (T41)	North Somerset	2-4 July		
Threshold (T42)	North Somerset	12-14 September		
Threshold (T43)	Brighton	3-5 October		
Threshold (T44)	North Somerset	7-9 November		
The Nature of Trauma Informed (2 Days)	North Somerset	16-17 April		
The Nature of Trauma Sensitive (2 Days)	North Somerset	21-22 May		
The Nature of Trauma Integrated (3 Days)	North Somerset	25-27 June		
The Nature of Trauma Integrated (3 Days)	North Somerset	23-25 July		

Teaching Team

Our Founders

Michéal and Rhonda set up Natural Academy as the first dedicated ecopsychology, educational institution in Europe. The roots stretch back to 2008 when they created a vision of a pathway for individuals to grow a career in working with people in nature for their health, healing and deeper purpose, and always in a reciprocal care for the natural world around us.

Within this vision is also the purpose to meet people wherever they are and to influence already existing organisations to bring nature into the heart of their work. This spawned NatureWell and they are now working with a broad range of partners in the NHS, larger national environmental organisations, Green Social Prescribing Networks and smaller social enterprises and charities in health, growing and rewilding. If you are wanting to find out more please contact the team.

Rhonda Brandrick - Advanced Pathway, Threshold Lead on Nature of Trauma

Rhonda is a nature-based practitioner, supervisor, author, therapist, teacher and guide. She brings a wealth of experience and deep curiosity to our human-nature reciprocal relationship with the Earth and our ongoing personal and collective development within this. She has worked with individuals, couples and groups for over 25 years, in recovery, counselling, eco therapy and eco depth practice. She trained with Animas Valley Institute in their Soulcraft Apprentice and Initiation Programme with Bill Plotkin. She is currently studying with Thomas Hubl and is specialising in The Nature of Trauma and how this is a gateway to healing, wholing and deeper awakening. Rhonda is dedicated to making a difference to human health and the health of the natural world by bringing individuals and communities into connection and healthy balance.



Michéal Connors - Advanced Pathway, Foundation Year, Threshold, Lead on NatureWell

Michéal is an eco-psychologist, mountain leader, author and holistic health and wellbeing professional. He is a qualified psychotherapist, supervisor, Animas Valley and Bill Plotkin Wild Mind guide and qualified educator. With 30 years experience in psychology and holistic health he has a specialist interest in enabling and supporting nature-based approaches within the current health, environment and education system as a way to mitigate the climate, ecological and human health crises. With this in mind he has developed NatureWell and leads our national project that is enabling the health, environment and voluntary sectors to develop nature-based interventions and community engagement that are effective and accessible. He has published writings and research and offers music as another gateway to nature connectedness.



Siân Jones - NatureWell Trainer & Advanced Pathway Tutor



Siân is an eco therapist, nature-based practitioner and integrative arts psychotherapist. She has over 20 years experience working as a therapist, supervisor and trainer within education, the third sector and private practice. She has completed the full Vocational Pathway in Ecopsychology. She is also one half of Wild Gathering CIC, which offers a programme of workshops and events that use a range of activities and interventions to support health and wellbeing in nature. Siân lives between the sea and the downs and is deeply fascinated by the interweaving of myth, story, place and the human and more than human experience.

Dr Clive Weston - Advanced Pathway Tutor

Most of Clive's career was as a clinical psychologist working primarily with people with learning disabilities and their families/ support networks. He has always been interested in ecology and environmental issues and the synergy between psychology and ecology, so he went on a learning journey with Natural Academy and completed the Advanced Pathway. He now spends his time engaged in conservation work (including rewilding) and supporting various groups to connect with nature for their health and wellbeing. He's interested in supporting ways to actively meet the climate, ecological and human health emergencies through nature connectedness and deeper nature processes.



Simone Heyland - Advanced Pathway Tutor



Simone is a psychotherapist, clinical supervisor and eco therapist working as a consultant in specialist education settings and in private practice. During her career she has worked in higher education as a lecturer and clinical supervisor training psychotherapists, she has worked within the NHS as a group therapist and has published research in her fields of study.

Her clinical work as a psychotherapist is tending to the suffering of people who feel part of a story of fragmentation and lostness, has eventually led her to the work of Natural Academy. Here, her life's enquiry has found a home, in which to be in service to healing practices essential to our times, for all beings, humans, creatures, lands and beyond.

Simon Martin - Advanced Pathway Tutor

Simon has a unique blend of people and organisational experience alongside a passion for nature and wellbeing. He's a senior leader at Triodos Bank UK where he facilitates leadership development and co-worker nature-based wellbeing programmes. He's completed Natural Academy's full Vocational Pathway, has trained in counselling and psychotherapy, mediation and yoga (200 hours teacher level) and permaculture design. Simon's dedicated to continually respond to his calling for deep listening. In doing so he offers safe, open spaces that support holistic health and wellbeing of people, alongside the wider community of life.



Ruth Taylor - Foundation Year Tutor



Ruth is a qualified nature-based practitioner with training in ecopsychology and other counselling psychology approaches. She works as an eco-practitioner and counsellor in private organisations and in private practice. She also worked in education with young adults for thirty years in number of different countries. Her personal experience of deep connectedness with nature was established when young, spending significant amounts of time on the land as well as on the water. She loves swimming, hiking and growing plants and vegetables, as well as generally just being outdoors with nature.

Dr Catriona Mellor - NatureWell Trainer

Catriona is a Child and Adolescent Psychiatrist who has been working in the NHS adolescent inpatient environment until recently. She has an interest in the mental health impacts of the eco-crisis on children and young people as well as what nature-based practices and insights can add to mental health care. She is a member of the Royal College of Psychiatrists' Planetary Health and Sustainability Committee. She is co-author on the recent Lancet Planetary Health paper, 'A global survey of climate anxiety in children and young people and their beliefs about government responses to climate change'.



Jason Leck - NatureWell Trainer

Jason is a nature-based practitioner with many years experience guiding and facilitating people of all ages, backgrounds and abilities to engage with the natural world. His professional and academic journey includes Outdoor Activity Instructor, Nature Conservation Leader, FE Tutor, Forest School Leader, Environmental Science and Ecopsychology practitioner. Recently, he has been working with Avon Wildlife Trust and is founder of Wild Connections.

Caroline White - Threshold Tutor

Caroline has a background in journalism and has worked for many years as an eco-focused communications specialist. She has completed a Level 4 Advanced Pathway in Ecopsychology and is now joining the Threshold teaching team. Childhood experiences instilled a fascination with the magic and mystery of the natural world which still infuses her work.



Since starting her Natural Academy training in 2018 she has worked with many groups; leading mindful walks, nature-connection workshops, wellbeing and training days across Sussex. She is most passionate about developing a reciprocal relationship between humanity and the rest of the natural world, for the benefit of both.



The Natural Institute is a research and evaluation group. Within this group, members of our community of professional practitioners, and partner organisations including Swansea University and the NHS are collaborating to deepen our understanding of the reach and potential of our work, and helping us to refine, reflect upon and resource our vision. We are evaluating and evidencing the impact of our three realms of practice, NatureWell (NW), Natural Self Eco Therapy (NSET) and Deeper Expansive Nature (DEN).

We have an academic partnership with Swansea University and the Sustainable Wellbeing Research Group. We are exploring a number of larger and smaller research projects where Natural Academy is the practice partner. We feel this is a very good match for our models of practice and the development of robust evaluations and research.

At the Natural Institute we are:

- Developing the evidence base
- Translating evidence into practice and education
- Developing effective nature-based interventions
- Enabling individuals, communities and organisations
- Advocating for the health of people and the rest of nature



Thea Gordon-Rawlings - Research Officer Natural Institute



Thea is a researcher, writer, musician, body worker and nature-connection enthusiast. She is a published author and has worked in academic settings as well as with NGOs and in private practice. She has specialised in exploring the places at which the beyond-human meets the human-made, as well as the roles the natural world can play in supporting healing and how this healing process can cultivate a more reciprocal way of relating to the non-human.

One of Thea's latest research projects furthered the relationship between the fields of landscape theory and ecopsychology, bridging the gap through the lenses of personal agency and "affordances". She explored the effects of the Covid-19 pandemic on people's relationships with gardens and her research was published in the journal *Emotion, Space and Society*. She has also researched and scripted a successful global policy-oriented radio programme commissioned by BBC World Service called *My Perfect Country*, while working at UCL's Institute for Global Prosperity. She has a permaculture design certificate, an MA in Landscape Architecture, has completed RHS horticultural training and is practicing as a TRE® (tension and trauma release exercises) provider.

Admissions Information



Karen Steven - Course Administrator

Karen is our course administrator and NatureWell training co-ordinator. She has many years of administrative experience in the private and public sectors and more recently she has worked as a PA and Project Manager at a national cancer charity and a Research Trial Administrator at North Bristol NHS Trust. Karen enjoys walking and exploring the countryside in her camper van.

To apply for any of our **vocational courses** please contact info@naturalacademy.org.uk

To apply for any of our **NatureWell courses** please contact info@naturewelltraining.com.

If you would like to discuss your application, or discuss what course would best suit your needs, please call us on 07462 244751.

You will need to pay a deposit to secure your place on any of our courses. The balance must be paid in full at least two weeks before the start of your course, unless we have agreed a payment plan with you.

If you have applied for financial support, then we will confirm whether your application has been successful within two weeks of receiving your application.

We welcome applications from all sections of our community and we can make reasonable adjustments to meet your needs. We are committed to helping students access all our training and will do our best to support you.

If our courses become full, we can add you to a waiting list and will endeavour to keep you informed about availability.

Once you have applied for a course and your place is confirmed, we will contact you again with full joining details at least two weeks before the course starts.

NatureWell

To apply for any of our NatureWell courses please contact info@naturewelltraining.com. We only work in partnership with organisations in the delivery of our NatureWell training.

Community of Practice

In order for us to move beyond the story of separation and into an interconnected community, an ongoing focus on our community of practice is essential. We have an online community called the Mighty Forest on Mighty Networks and this is a space for meeting, sharing resources, practices, events etc.

We also meet in person and our main event is called the Gathering. This takes place over a 3-day weekend in the summer and also a winter time 1 day gathering. These are a chance to meet, share practice, connect, collaborate, network, play music and have a relaxing time round the fire.



Below are our Natural Academy Community of Practice (COP) statements.

The background of this section features the 'NATURAL ACADEMY' logo at the top center, which includes a stylized spiral graphic. The background is a collage of various outdoor scenes and people, including a person walking on a path, a group of people sitting on a lawn, a person playing a guitar, and various natural landscapes like trees and fields.

NATURAL ACADEMY

Natural Academy are committed to our Community of Practice (COP) which includes all people who have completed a Natural Academy course. We know that engaging within community is vital for us to find ways to grow, develop and sustain our practice individually, collaboratively and collectively.

There are three interacting elements that can define our COP

1: A Shared Engagement:

A modern Applied Ecopsychology for people and the rest of nature

2: Common understandings that facilitate debate, discussion, reflection and sharing of practice:

The Three Realms and the Models of Practice, other practices and theories

3: Common resources to share, support, develop and grow together:

The resources in the Models of Practice, other practice models, evaluations, evidence building, common practices and common approaches

Financial Support

It is our belief that accessing our training should not be limited by a person's economic status. As a small developing social enterprise, we have very limited resources to support people, but we are committed to offering scholarship support, payment plans and written support for applications to other funders when needed. This is for those who are ready for the journey but would be unable to participate without such support.

Our scholarships are made possible by our determination to re-invest any surplus monies back into our Natural Academy community of students rather than other investments.

Scholarships are based on a first-come-first-served basis and are subject to the current balance in any scholarship fund, as well as factors you supply on your financial aid application. We can only offer a certain percentage of support (the max is normally around 20%) to a very limited number of students, however if you don't need that full amount, we would ask that you claim only what you need so others can benefit.

Written support to other funders can also be provided and we recommend you look for funding before applying to us. There are a range of trust funds etc. that are specifically for people looking to go into further education courses or career change.

Payment plans can be agreed to pay the balance of the course fee after deposit. Monthly payments are normally around £100-£200 per month (depending on fees) and will be designed to pay the balance of your course cost, ideally prior to at least three months before the course ends. Payment plans are normally only offered for our Foundation Year or Advanced Pathway, however, we will consider any application made for our shorter courses.

Please contact us if you wish to discuss an application for funding support. You will be required to complete an application form.



Equality, Diversity and Inclusion

At Natural Academy, we want to support as many people as possible to come along on the journey of moving towards wholeness and One Health. We are interested in actively encouraging anyone, particularly those who are currently under-represented in our programmes and community of practice, to participate in what we are offering. We would like there to be meaningful representation of everyone across all we do, including age, class, ethnicity, gender, sexual orientation, neurodiversity, physical needs and more.

We offer emotional and educational support services to all students and do all we can to meet people where they are. We can make reasonable adjustments for those living with disability and will do our best to work with individuals to work out how we can support everyone's unique needs. Our work is trauma-informed and our model is inclusive. This said, we know that there is more we can do and we are carrying out research into how we can increase the diversity of our team and community.

If you would like to support us on our journey towards greater equality, diversity and inclusion, please get in touch via info@naturalacademy.org.



Accreditation

OCN London who accredit our courses is a National awarding body founded on the values of life long learning and access for all. They moderate and externally verify our courses to ensure standards and equanimity. We are an accredited training and education centre and we are recognised as a centre of best practice having achieved Direct Claim Status.



As stated previously, we have helped to establish the Natural Institute, a research and evaluation group. Within this group, members of our community of professional practitioners and partner organisations including Swansea University are working to deepen our understanding of the reach and potential of NatureBased interventions and helping us to refine, reflect upon and resource our vision. We are evaluating and evidencing the impact of our three realms of practice and the models of practice we have developed over the last 16 years:

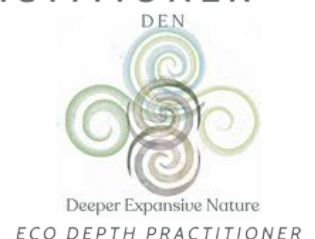
- NatureWell
- Natural Self Eco Therapy (NSET)
- Deeper Expansive Nature (DEN)



These models of practice are helping our students deliver their own unique approaches to nature-based interventions by adapting and shaping this within the models of practice. The models are grounded in theory, practice, evidence and evaluation. We have a number of courses through which you can become qualified in one of these models and if you complete the Advanced Pathway, you will be certified in all three. The models give you the competence and confidence to work in these realms and a supportive developing community of practice to lean into alongside the Natural Institutes focus on evidence and practice based research.



NATURAL ACADEMY
ACCREDITED ECOPSYCHOLOGY PRACTITIONER



ALL OUR MODELS OF PRACTICE ARE TRAUMA INTEGRATED

Contact Information

For further information about any of our courses, or to download a brochure, please visit our website www.naturalacademy.org

You can contact us on info@naturalacademy.org or info@naturewelltraining.com if you have any other queries.

If you would like to discuss your application, or discuss what course would best suit your needs, please call us on 07462 244751.

Natural Academy is a Community Interest Company
Company number 0659416
Founded in 2008

