Level 3 Foundations
in Ecopsychology & Nature Based Practice

Accredited by OCN London

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It is a broad, vocational course in the principles inherent in the theories of Eco-Psychology, the application of theory in practice, facilitation of individuals & groups and outdoor skills and knowledge. It is designed so that the learning and experience can be integrated into current work, practice or project or can be a beginning point for people to start working with others in nature. It is part of a pathway from Threshold to Foundations to Diploma.

We have had a broad range of students from many different backgrounds, examples include, horticultural therapy, green care, conservation, psychiatry, environmental activism, regenerative practice, counselling, mental health, health care, forest school, outdoor education, psychotherapy, spiritual ecology, community gardeners, to name a few and there are those who are taking first steps into working with people.

We offer skills, experience and knowledge in the realms of Nature and Wellbeing (Green Care), Natural Healing & Development (Eco Therapy) and Deeper Nature.

The general feedback has been that this has been a good practical course, with lots of learning and useful experiences that have led to positive change and enhanced peoples working life. The group has been a valued source for all the students and over the year a real sense of community develops. The spaces we access are beautiful and allow for a deepening nature connection. The immersion in wilder spaces has always been deeply prized. The course work has been manageable, appropriate and the support of the tutors is ongoing, helpful, offered throughout and in focused individual tutorials.

Students complete a self-reflection of integration into practice, which is a way that they can clearly take the learning and experience into their personal and professional working life.



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